



Healthy St. Martin

We are an **action-oriented** work-group focused on meeting the needs of the community to make the healthy choice the easy choice.

Health Priorities with Greatest Impact

1

Reduce overweight and obesity by creating opportunities for people to eat healthy and get physical activity.

- Smart shopping
- Garden-based nutrition education

2

Reduce illness, disability, and death related to tobacco use, vaping and secondhand smoke exposure.

- a. Increase cessation efforts
- b. Create smoke/tobacco-free areas

3

Increase the community's awareness, knowledge & capacity about healthier lifestyle choices to improve health outcomes by accessing available resources.

Mission: To improve health in St. Martin Parish by creating community-led and sustainable initiatives to reduce food insecurity and increase access to safe, non-motorized transportation.

Vision: The health status of St. Martin Parish will improve as a result of uniting agencies, organizations and community members empowering all residents to making healthier choices.

Projects: Community Gardens, Healthy Retail, Story Walks, Walking/Biking Trail Fitness Signs, Playground Stencils, Play Streets, Healthy Connections Newsletter, Turkey Trot, healthy recipe videos, and more

Improving the health profiles for all in St. Martin Parish



Partners



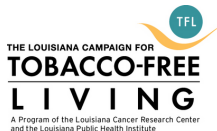
Beacon
Connections



The ARC of
St. Martin



Aetna Better Health® of Louisiana



Learn more by visiting:



www.lsuagcenter.com/healthycommunities



www.facebook.com/St.MarySt.MartinHC

and many more!

Want to contribute?

JOIN US AT OUR NEXT MEETING

Held every fourth Wednesday
10:00am-11:00am



CONTACT

Jessica Randazzo, MS
(337) 332-2181

jrandazzo@agcenter.lsu.edu

114 Courthouse St.
Breaux Bridge, LA 70517